

THE CHARTER SCHOOL [2021-22]

Date: July 3, 2021

'HEALTHY ME' SESSION FOR SENIOR GIRLS

As part of the 'Healthy Me' initiative by The Charter School, we would like to inform you that a session on 'Menstrual Hygiene' will be conducted for the girls of Grade VII-X on **10th July 2021 (Saturday)**. The session will be conducted on **Google Meet** platform from **11 am to 11:45 am**.

This webinar is being organised by Global Hunt Foundation in association with Unicharm India, a leading Japanese firm in India. The session entails the following:-

- a comprehensive understanding on the 'whats', 'whys' and 'hows' of menstruation
- develop a biological understanding
- a talk on related social taboos
- generate awareness on hygiene practices to be maintained during menstruation.

Please find below the profile of the speaker:-

Name: Ms. Roshnee Bhowmick

Designation: CSR Executive

Ms Roshnee has been working with Unicharm India since 2018 and has been mainly responsible for all CSR activities in West Bengal. She has been actively campaigning for Menstrual Health and Hygiene management in West Bengal, mainly in educational institutions, non profit organizations and at the community level as well. She has conducted more than 100+ sessions on Menstrual Health in educational institutions and grass root level in Kolkata. She has been working in the area of child protection & health for more than 6 years. She has also represented the state at NIPCCD (National Institute of Public Cooperation and Child Development) on child protection issues.

This session would certainly be beneficial for your child. A few important pointers:-

- Mothers of Grades 7 and 8 students:- please note that it is **COMPULSORY** that the mother is present along with the child during the session.
- Mothers of Grades 9 and 10 students may choose to attend the session along with the child, if they wish to.

The class teacher will be contacting you this week to confirm the attendance for the Saturday Session. The google meet link will be shared with the parent the day before the session.

Please feel free to contact the class teacher in case you have any questions regarding the webinar.

Regards

Sameera Basheer Kavapurayil

Stage 2 Coordinator

The Charter School